



Sample Itinerary

Below is a sample itinerary of how SOS trips have worked in the past:

Day 1: Arrive in country

- Group clears customs and meets Local Group Leader at the arrivals gate
- Drive to the community, possibly making a few stops to exchange money, get snacks etc
- Arrive in community by mid-afternoon/evening
- Unpack, set up beds, and do a brief orientation of the community and project site
- Group introduction to the community – cultural sensitivity, ground rules
- Hang out as a group and go to bed

Day 2: Community Orientation and Start Building

- Breakfast
- Orientation of the building site and project goals with the foreman
- Start building
- Lunch
- Community introduction activities
- Community introduction activities
- Dinner
- Select community interaction activities for the rest of the trip
- Group debrief on the first full day, journal time

Days 3 – 10: Standard Building Days

- 7am: Breakfast
- Building
- Community interaction time/work on Community Profile Survey
- 12pm: Lunch
- Building
- 3pm: Finish up building for the day and begin a community activity
- 6pm: Dinner
- Community activities
- Group bonding and reflection

Day 7: Half Way Point

- Mid-point personal reflection on the trip and the experience



Rest Days: 2 – 3 per trip, locations determined in advance

Final Full Work Day

- Final building touches if relevant
- Goodbye ceremony
- SOS group gives donations to the community
- Final group reflection

Final Day

- Breakfast
- Pack up last things
- Call SOS Head Office to let us (and emergency contacts) know that the group is on time or their departure
- Leave community with enough time to arrive at the airport 2 – 3 hours in advance
- Group leader says goodbye to the group in the departures hall
- Group checks in and flies home!